

From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - 27th April 2020
Date: Monday 27 April 2020 10:34:14
Attachments: [Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

In addition to the circulation of emails, documentation and resources from the PMVT COVID-19 Taskforce email account you should note that staff can access the latest information on COVID-19 in a number of ways.

These include:

- [The dedicated staff page on COVID-19 on the PMVT Intranet](#)
- [The dedicated staff webpage on COVID-19 on the PMVT Website](https://pmvtrust.ie/covid19) (<https://pmvtrust.ie/covid19> For those staff who do not yet have Intranet Access)
- [HSE Covid-19 Webpage](#)
- [The HSPC Website](https://www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/guidance/vulnerablegroupsguidance/) (<https://www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/guidance/vulnerablegroupsguidance/>)

Again should you have any queries relating to COVID-19 please contact your line manager.

Yours sincerely,

PMVT COVID-19 Taskforce



PMVT COVID-19 Taskforce

A 29 Mountjoy Square, Dublin 1, Ireland
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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - Prevention and Risk - 24th April
Date: Friday 24 April 2020 14:30:38
Attachments: [Social distancing Outdoor Poster.pdf](#)
[covid-19-prevention-a4-poster.pdf](#)
[covid-19-who-is-at-risk-a4-poster.pdf](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Further to the ongoing updates, information and guidance documents in circulation please see attached posters on COVID-19 Prevention and Risk.

As a reminder if you have any queries relating to COVID-19 please contact your line manager.

Yours sincerely,

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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 PMVT Staff Guidance on Use of Personal Protective Equipment (PPE) - 23rd April
Date: Thursday 23 April 2020 15:23:19
Attachments: [Facebook_201c07d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)
[Facebook_201c07d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please see below a PMVT training video on the appropriate use of Personal Protective Equipment (PPE).

Please take the time to review this content and if you have any questions please contact your line manager.

Yours sincerely,

PMVT COVID-19 Task Force



Click on the image above or to view outside the intranet/server please copy the following link into your web browser <https://youtu.be/AgUV40tOXHQ>



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - PMVT Staff Guidance on Use of Personal Protective Equipment (PPE) - 23rd April
Date: Thursday 23 April 2020 15:21:59
Attachments: [PMVT Staff Guidance on Use of PPE for Management of Suspected or Confirmed Case of COVID-19.pdf](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please see attached a Guidance Document on the Use of Personal Protective Equipment (PPE) within PMVT services for the management of suspected or confirmed case of COVID-19.

Please review and continue to implement the measures set out in the document in relation to the ongoing prevention of the spread of COVID-19.

Yours sincerely,

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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - Group Settings 20th April 2020
Date: Monday 20 April 2020 08:56:33
Attachments: [Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)
[COVID-19-Guidance-for-vulnerable-groups-settings.pdf](#)

Dear Colleagues,

Please see attached an updated document from the HPSC on Guidance for Vulnerable Group Settings.

As a reminder if you have any queries relating to COVID-19 please contact your line manager.

Yours sincerely,

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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - PMVT Staff Information and Guidance - Useful Telephone Numbers - 17th April
Date: Friday 17 April 2020 12:50:24
Attachments: [Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please be advised that the following telephone number has been established for all PMVT staff in respect of queries regarding concerns they may have in relation to COVID-19 on either of the following two issues:

- if they are feeling unwell
- if they have concerns in relation to contact with a third party

This number will put you through to a member of our nursing team who will discuss the matter with you and provide guidance and direction on next steps. In the event that the number is engaged be sure to leave a voicemail containing your full name, the service to which you are assigned and a return contact number. You will be contacted at the earliest possible convenience and in confidence.

COVID-19 - PMVT Staff Confidential Enquiry Line: 087 405 6568

Please also remember that the Employee Assistance Programme (EAP) is a confidential support service available to PMVT staff at all times. This external service can be accessed by calling the number below.

EAP Telephone Line: 1800 222 833

Yours sincerely,

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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - Hand Hygiene and PPE - 12th March 2020
Date: Thursday 12 March 2020 20:51:03
Attachments: [image.png](#)
[Washing Your Hands.pdf](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Further to the guidance and information resources made available to staff via the PMVT intranet as well as posters and video loops issued across services in recent days please see below a PMVT staff training video resource on hand hygiene and appropriate PPE.

Also attached is a poster from the HSE on hand washing.

Yours sincerely,

PMVT COVID-19 Taskforce

COVID 19 - Guidance and Information for PMVT Staff on Hand Hygiene and PPE

Please find below a new PMVT Staff Training Video on hand hygiene and appropriate use of PPE.

All staff should take the time to watch the video below and ensure they understand and comply with the instructions and advice therein.



[\(Click image above to open training video\)](#)



Opening doors for
homeless people

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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - DRHE - CPS - 13th March 2020
Date: Friday 13 March 2020 07:20:40
Attachments: [FLYER.pdf](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please find attached an information poster from the DRHE with advice for persons presenting as homeless and/or seeking emergency accommodation.

Please note the extended hours for CPS.

Yours sincerely,

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From: [PMVT COVID-19 Taskforce](#)
To: [PMVT COVID-19 Taskforce](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - Capuchin Day Centre and DRHE Update - 13th March 2020
Date: Friday 13 March 2020 14:27:49
Attachments: [Notice for DRHE Capuchin.docx](#)
[Briefing note re COVID 19.pdf](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please see attached additional information on the operations of the Capuchin Day Centre and an important briefing note from the DRHE on COVID-19.

Yours sincerely,

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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - Welfare Update - 13th March 2020
Date: Friday 13 March 2020 16:02:40
Attachments: [Intreo Signing Notice.pdf](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please see attached a poster from the Department of Employment Affairs and Social Protection on the suspension of signing at Intreo offices.

Yours sincerely,

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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - New COVID-19 Poster - 13th March 2020
Date: Saturday 14 March 2020 16:23:16
Attachments: [COVID-19 A3 Public Information Poster English.pdf](#)
[COVID-19 Public Information Screen Poster - crop.jpg](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please see attached an updated COVID-19 poster from the HSE.

Yours sincerely,

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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - Prevention - 14th March 2020
Date: Saturday 14 March 2020 17:29:20
Attachments: [covid-19-prevention-a4-poster.pdf](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please see attached an updated poster from the HSE on preventing the spread of COVID-19.

Yours sincerely,

PMVT COVID-19 Taskforce



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: PMVT Staff Guidance on the Practical Management and Containment of COVID-19 - updated 15-03-2020
Date: Sunday 15 March 2020 20:28:59
Attachments: [PMVT Staff Guidance on the Practical Management and Containment of COVID-19 - updated 15-03-2020.pdf](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please see attached PMVT Staff Guidance on the Practical Management and Containment of COVID-19 - updated 15-03-2020. Please review and continue to implement the measures set out in the document in relation to the ongoing prevention of the spread of COVID-19.

If you have any queries please direct these to your line manager.

Yours sincerely,
PMVT COVID-19 Taskforce.



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - 16th March 2020
Date: Monday 16 March 2020 08:58:51
Attachments: [Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

In addition to the circulation of emails from the PMVT COVID-19 Taskforce staff can access the latest information on COVID-19 in a number of ways.

These include:

- [The dedicated staff page on COVID-19 on the PMVT Intranet.](#)
- [The dedicated staff webpage on COVID-19 on the PMVT Website.](#)

All staff should take the time to review information by clicking on the links above.

COVID-19 Posters and resources continue to be made available and circulated to all services.

Yours sincerely,

PMVT COVID-19 Taskforce



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - HPSC Vulnerable Groups - 16th March 2020
Date: Monday 16 March 2020 10:15:56
Attachments: [Guidance for vulnerable groups settingsmf1_V2.1.14.03.2020.pdf](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please see attached updated guidance document issued by the HPSC on COVID-19 for vulnerable groups including the homeless sector.

Yours sincerely,

PMVT COVID-19 Taskforce



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - Hand Hygiene - 16th March
Date: Monday 16 March 2020 11:31:51
Attachments: [image002.png](#)
[HSE Hand Hygiene.jpg](#)
[Washing Your Hands.pdf](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please see guidance and information resources for PMVT on hand hygiene attached and in the video link below.

Yours sincerely,

PMVT COVID-19 Taskforce

COVID 19 - Guidance and Information for PMVT Staff on Hand Hygiene

Please find below a new PMVT Staff Training Video on hand hygiene.

All staff should take the time to watch the video below and ensure they follow the advice therein.



[\(Click image above to open training video\)](#)



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Statement from the Chief Medical Officer - Flatten the Curve -16th March 2020
Date: Monday 16 March 2020 16:03:38
Attachments: [Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please see below a short statement from the Chief Medical Officer, Dr Tony Holohan on COVID-19.

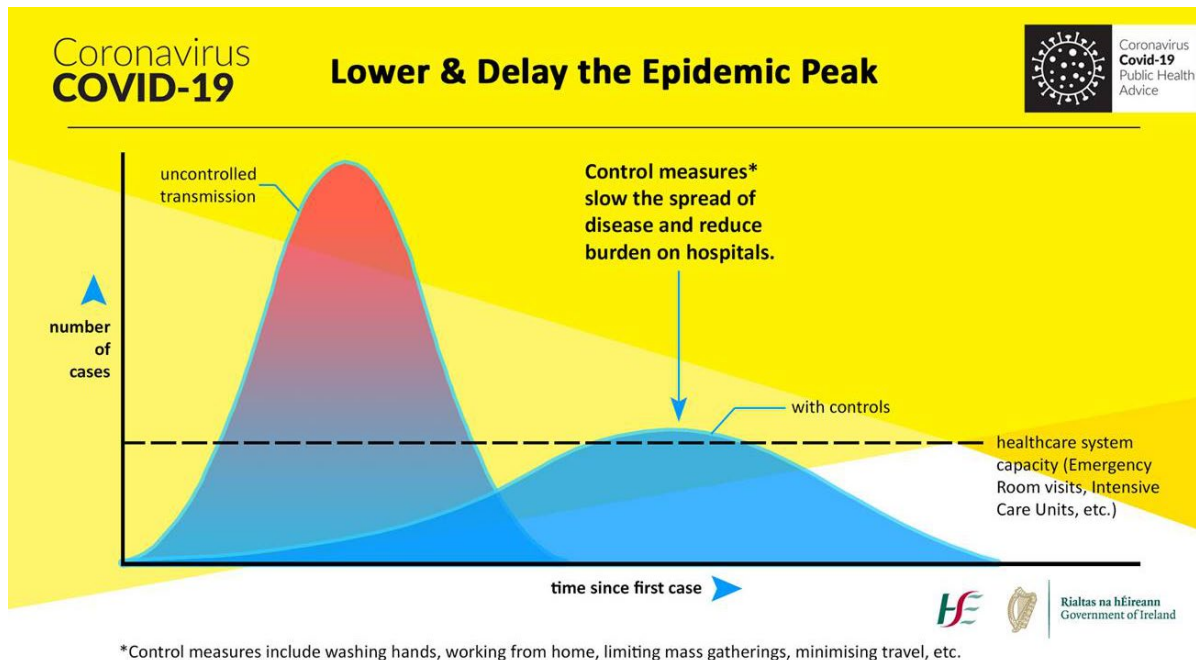
Yours sincerely,

PMVT COVID-19 Taskforce

Statement from the Chief Medical Officer, Dr Tony Holohan

The Chief Medical Officer at the Dept of Health, Dr Tony Holohan, has said that the next week is vital in order to 'Flatten the Curve'. He outlined the following key measures:

- Reducing social contacts,
- Keeping your distance from others,
- Stop shaking hands or hugging,
- Avoid touching your eyes, nose or mouth,
- Wash your hands regularly and practice cough and sneeze hygiene,
- Clean and disinfect frequently touched objects and surfaces,
- Check on your vulnerable family members and neighbours,
- Work from home where possible



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - PMVT Orientación del Personal de Primera Línea para la Práctica Gestión y la Contención de COVID-19 - 16/03/2020
Date: Monday 16 March 2020 19:45:33
Attachments: [PMVT Orientación del Personal de Primera Línea de COVID-19.pdf](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Queridos compañeros,

Por favor, adjunto la guía del personal PMVT de la Gestión Práctica y la Contención del COVID-19, modificado 15/03/2020. Por favor, revisadlo y continuad implementando las medidas expuestas en dicho documento en relación con seguir evitando la propagación del COVID-19.

Si teneis alguna duda, por favor, dirigios a vuestros managers.

Un cordial saludo,
Equipo PMVT COVID-19



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - PMVT Staff Confidential Enquiry Line
Date: Wednesday 18 March 2020 12:43:13
Attachments: [Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues, See below which will be sent out to all staff shortly from Brian

Please be advised that the following telephone number has been established for all PMVT staff in respect of queries regarding concerns they may have in relation to COVID-19 on either of the following two issues:

- if they are feeling unwell
- if they have concerns in relation to contact with a third party

This number will put you through to a member of our nursing team who will discuss the matter with you and provide guidance and direction on next steps. In the event that the number is engaged be sure to leave a voicemail containing your full name, the service to which you are assigned and a return contact number. You will be contacted at the earliest possible convenience and in confidence.

COVID-19 - PMVT Staff Confidential Enquiry Line: 087 405 6568

PMVT COVID-19 Task Force



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 Guidance on Use of Personal Protective Equipment (PPE)
Date: Wednesday 18 March 2020 13:14:07
Attachments: [PMVT Staff Guidance on Use of PPE for Management of Suspected or Confirmed Case of COVID-19.pdf](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please see attached Guidance Document on the Use of Personal Protective Equipment (PPE) within PMVT services for the management of suspected or confirmed case of COVID-19. Please review and continue to implement the measures set out in the document in relation to the ongoing prevention of the spread of COVID-19.

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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - Coughing and Sneezing - 19th March
Date: Thursday 19 March 2020 12:45:13
Attachments: [Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)
[Coughing and Sneezing Precautions.pdf](#)
[English - Covid 19 - Comic - A3.pdf](#)
[Coughing and Sneezing Childrens Poster.pdf](#)
[Adult CoughSneeze - A3 Poster Update FINAL.pdf](#)

Dear Colleagues,

Please see attached a number of poster resources relating to coughing and sneezing precautions.

Yours sincerely,

PMVT COVID-19 Taskforce



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - GP and Nurse Phone Line - 19th March 2020
Date: Thursday 19 March 2020 15:26:56
Attachments: [Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Further to the ongoing updates, information and guidance documents in circulation please see details below of the GP/Nurse Phone-Line for Homeless Services. This is the number to call for suspected COVID-19 cases amongst the participant group.

Yours sincerely,

PMVT COVID-19 Taskforce

GP/Nurse Phone-line for Homeless Services:

In all incidents where there is a concern about a participant of COVID-19, staff are to contact as per details below.

Clinical helpline for homeless services:

A clinical helpline for homeless services in relation to suspected Covid-19 cases. This is operating from 9am-9pm Monday – Sunday, for queries: Nurse/GP triage and referral for testing if required.

This phone number is: **1800 901 790**

This number will be in operation from: **9-9pm Monday to Sunday**

- Participants are not go to a GP surgery, pharmacy or hospital.
- The GP/nurse within the clinical team operating the helpline for homeless services will carry out an assessment over the phone. If they think a test for coronavirus is needed, they will arrange a test.
- If the GP (Health link) or HSE is not contactable, PMVT senior management team to be contacted directly.
- They may direct for the participant to self-isolate whilst awaiting to be tested
- If tested and confirmed to have COVID-19, self-isolation will continue for 2 weeks

PMVT Management and PMVT On-call to be informed in all cases where there is a suspected case of COVID-9 and / or a concern for a participants well-being in relation to COVID-19 .

Clinical helpline for homeless services:

A clinical helpline for homeless services in relation to suspected Covid-19 cases and is answered 9am-9pm Monday - Sunday for queries, Nurse/GP triage and referral for testing if required.

This phone number is: **1800 901 790**

This number will be in operation from: **9-9pm Monday to Sunday**

***Outside of this services should utilise normal routes to primary care**

Please contact SafetyNet directly for updates on access to in-reach GP's and/or Nurse's 087 176 2246 / 087 652 0225.



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Línea de consulta confidencial del personal de PMVT 19th March
Date: Thursday 19 March 2020 15:29:14
Attachments: [Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Estimados compañeros,

Se ha establecido el siguiente número de teléfono para que todo el personal de PMVT pueda consultar dudas/ inquietudes relacionadas con COVID-19 en cualquiera de los siguientes dos casos:

- si no se sienten bien
- si tienen dudas respecto a tener contacto con una tercera persona

Este número te pondrá en contacto con un miembro de nuestro equipo de enfermería, quien hablara sobre este asunto contigo y te proporcionara orientación y directrices sobre los siguientes pasos a tomar. En caso de que el número esté ocupado, asegúrate de dejar un mensaje de voz con tu nombre completo, el servicio/centro al que estás asignado y un número de contacto al que devolverte la llamada. Se te devolverá la llamada con la mayor brevedad posible y de forma confidencial.

Por favor, ten en cuenta que este servicio se va a facilitar en inglés, por lo que toda comunicación (incluido los mensajes de voz) deberá ser en inglés.

COVID-19 - Línea de consulta confidencial del personal de PMVT: **087 4056 568**

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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - Poster in Multiple Languages - 19th March 2020
Date: Thursday 19 March 2020 15:40:39
Attachments: [COVID - 19 - CN.pdf](#)
[COVID - 19 - Prevention - IT.pdf](#)
[COVID-19 IT.pdf](#)
[COVID - 19 Prevention - LV.pdf](#)
[COVID-19 - LV.pdf](#)
[COVID -19 - LN.pdf](#)
[COVID-19 - Prevention - LN.pdf](#)
[COVID -19 PL.pdf](#)
[COVID-19 - Prevention - PL.pdf](#)
[COVID -19 RO.pdf](#)
[COVID-19 ES.pdf](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Further to the ongoing updates, information and guidance documents in circulation please see attached updated multi-lingual posters in the following languages

- Chinese
- Italian
- Latvian
- Lithuanian
- Polish
- Romanian
- Spanish

Yours sincerely,

PMVT COVID-19 Taskforce



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - Self Isolation - 19th March 2020
Date: Tuesday 24 March 2020 11:46:34
Attachments: [PMVT Interim Guidance Requirements Provision of Self-Isolation in Servic....pdf](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Further to the ongoing updates, information and guidance documents in circulation please see a copy of the PMVT Interim Guidance Requirements Provision of Self Isolation in Services.

As a reminder if you have any queries relating to COVID-19 please contact your line manager.

Yours sincerely,

PMVT COVID-19 Taskforce



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - Prevention and Risk - 20th March
Date: Friday 20 March 2020 14:18:41
Attachments: [Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)
[Social_distancing_Outdoor_Poster.pdf](#)
[covid-19-prevention-a4-poster.pdf](#)
[covid-19-who-is-at-risk-a4-poster.pdf](#)

Dear Colleagues,

Further to the ongoing updates, information and guidance documents in circulation please see attached posters on COVID-19 Prevention and Risk.

As a reminder if you have any queries relating to COVID-19 please contact your line manager.

Yours sincerely,

PMVT COVID-19 Taskforce



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 PMVT Staff Guidance on Use of Personal Protective Equipment (PPE) - 24th March
Date: Tuesday 24 March 2020 11:47:12
Attachments: [PMVT Staff Guidance on Use of PPE for Management of Suspected or Confirmed Case of COVID-19.pdf](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please see attached Guidance Document on the Use of Personal Protective Equipment (PPE) within PMVT services for the management of suspected or confirmed case of COVID-19.

Please review and continue to implement the measures set out in the document in relation to the ongoing prevention of the spread of COVID-19.

Yours sincerely,

PMVT COVID-19 Task Force



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: PMVT COVID-19 Guidance on the Administration of First Aid, CPR and Naloxone
Date: Tuesday 24 March 2020 12:17:02
Attachments: [COVID-19 Guidance for Administration of First Aid.pdf](#)
[COVID-19 Guidance for Administration of CPR & Naloxone.pdf](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please see below COVID-19 guidance on the administration of First Aid, CPR and Naloxone. Please ensure that this guidance is adhered to as an additional safety measure to ensure the safety of PMVT staff in managing situations that require first aid, CPR or naloxone administration. Managers and team leaders will be ensuring that the attached posters are put up in staff offices across services.

Yours Sincerely,
PMVT COVID-19 Task Force.

COVID-19 - Guidance for Administering First Aid

- If you do need to provide first aid to an individual who is symptomatic and identified as a possible case, wherever possible, place the person in a position away from others. If there is no physically separate room, ask others who are not involved in providing first aid to stay at least 2 metres away from the individual.
- In performing first aid to an individual who is a suspected case of COVID -19 gloves, disposable plastic aprons, a surgical face mask and if required an eye shield (suspected and confirmed cases) should be used. Wash your hands thoroughly with soap and water before putting on PPE.
- Use and dispose of all PPE according to training. All used PPE **must be disposed of** in yellow clinical waste bag.
- After contact with the individual wash your hands thoroughly with soap and water at your earliest opportunity. Alcohol hand gel is recommended if soap and water is not available. Avoid touching your mouth, eyes and nose unless you have recently cleaned your hands after having contact with the individual

COVID-19 - Guidance for Administering CPR and/or Naloxone

CPR

- If you are required to perform cardiopulmonary resuscitation, it is recommended that you do not perform rescue breathes or mouth to mouth ventilation; perform chest compressions only. Resuscitation Council (UK) Guidelines 2010 for Basic Life Support states that studies have shown that compression only CPR may be as effective as combined ventilation and compression in the first few minutes after non asphyxia arrest (cardiac arrest due to lack of oxygen).
- In regards to assessing for adequate breathing, **do not** listen or feel for breathing by placing your ear and cheek close to the participants mouth. Assess for breathing by **watching for chest rise and fall** (NHS, 2020).
- It is worth noting that the majority of people who are still alive but suffering an overdose, **are still breathing normally** and therefore **do not require CPR**. These casualties should be put into the recovery position rather than given CPR, with naloxone administered at 2 minute intervals as per guidelines.
- The wearing of disposable gloves and other PPE **is a must while providing assistance** to those who are suspected of having COVID-19 related symptoms.
- After contact with the participant, **wash your hands thoroughly** with soap and water at your earliest opportunity. Alcohol hand gel is recommended if soap and water is not available. Avoid touching your mouth, eyes and nose unless you have recently cleaned your hands after having contact with the individual.

Naloxone must be administered by IM (intramuscular injection) only during this period. To administer naloxone using the IN (intranasal) could be considered an at risk intervention due to the creation of the generation of aerosols. **Under no circumstances** is intra nasal naloxone to be used in response to a participant experiencing an overdose who requires naloxone to be administered.

Should you have any queries related to any of the above measures, please do not hesitate to contact your line manager



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - HSE Video for Staff Working in Homeless Services - 26th March
Date: Thursday 26 March 2020 06:33:59
Attachments: [Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please see below a video produced by the HSE, HSE Social Inclusion and Dr Austin O'Carroll specifically for staff working in homeless services.

If you have any queries relating to COVID-19 please contact your line manager.

Yours sincerely,

PMVT COVID-19 Task Force



[Click on the image above to view video](#)



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - PMVT Staff Guidance and Information on Cocooning and Self - Isolation - 27th March 2020
Date: Friday 27 March 2020 09:10:15
Attachments: [PMVT Staff Interim Guidance for the Monitoring of Participants Cocooning....pdf](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Further to interim guidance issued to PMVT staff on isolation practices please see attached new interim guidance on cocooning and self-isolation

If you have any queries relating to COVID-19 please contact your line manager.

Yours sincerely,

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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - PMVT Staff Guidance and Information on Use of PPE - 27th March
Date: Friday 27 March 2020 09:14:59
Attachments: [Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please note over the last number of days we have sent out face masks to all services to ensure that sufficient PPE is on site and available for use.

There have been 2 sets of masks that have been distributed to each service. All staff have a responsibility in ensuring that the masks are used in an appropriate manner.

Under no circumstances should face masks be worn by staff members in the service while carrying out general interactions or activities i.e cleaning, contact with participants etc.

Face masks are to be used in instances whereby you are entering a room in which a participant has tested positive for COVID-19 or is suspected and is awaiting testing. Face masks should be worn while responding to a COVID-19 positive/ suspected participant who is requiring first aid measures and/or CPR.

Any PMVT staff member who is directly involved in the transfer of a suspected or confirmed COVID-19 positive case must ensure that they wear a blue surgical mask and practice appropriate social distancing while in the vehicle.

Surgical Masks (Blue) are to be used for the participants. These masks should be worn by the participant if they are outside of their isolation area where there is potential for them to come into contact with others. In any situation whereby a staff member needs to gain access to the isolation room, contact should be made with the participant prior to entry to the room to advise them to place their mask over their mouth and nose. Any participant who has been given a surgical face mask for the reasons outlined above should be encouraged to make use of the mask for those reasons only. This will allow each participant to protect themselves and others and prevents the over use and depletion of PPE stock

N95 Masks (White) are for use by PMVT staff working in direct contact with suspected or confirmed cases of COVID-19. These masks must be worn in light of there being any direct contact with a participant in this category such as performing CPR, administering first aid or entry into an area of isolation. Please note these masks are **single use only** and must be disposed of in a clinical waste bag following use. It is of the utmost importance that these masks are utilised in the appropriate manner to ensure that sufficient supplies are available to respond to any situations which may arise.

Should you require any further information, please contact your line manager

Yours sincerely,

PMVT COVID-19 Task Force



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - PMVT Staff Update from the CEO - 27th March
Date: Friday 27 March 2020 16:38:55
Attachments: [image003.png](#)
[Facebook 201c0f7d-f6e7-451d-98c2-fe7193aa985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065d86f.png](#)

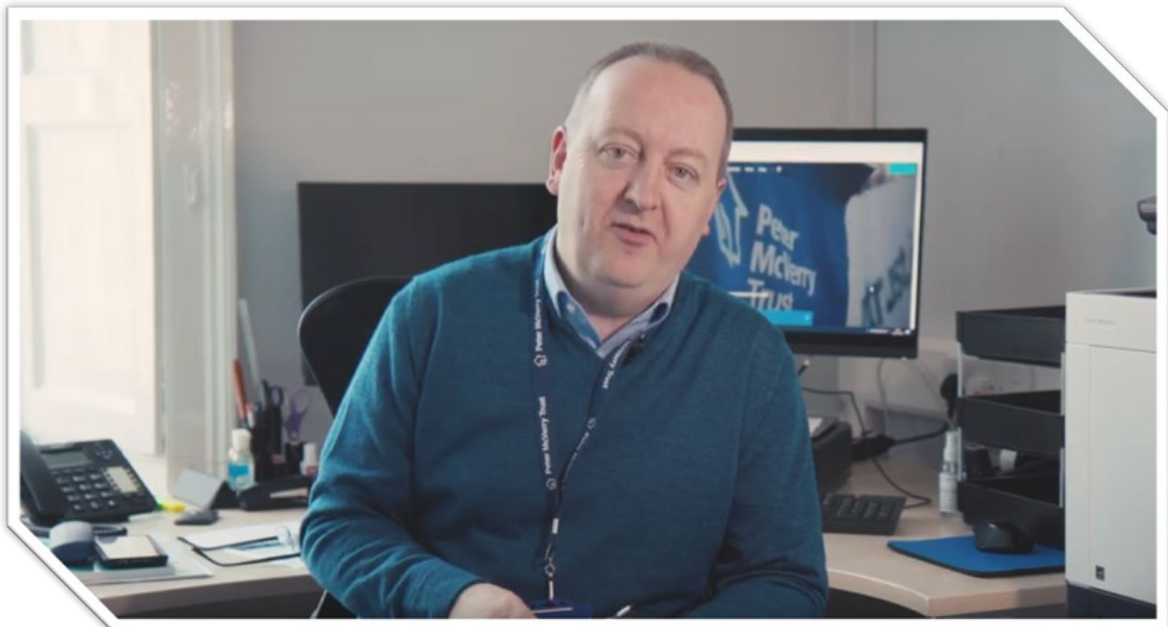
Dear Colleagues,

Please see below an important update for PMVT staff from the CEO by way of a video message.

Please take the time to watch this short video to learn the full extent of PMVT's response to COVID-19.

Yours sincerely,

PMVT COVID-19 Task Force



[\(Click on the image above to view video\)](#)



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - Hand Hygiene - 30th March 2020
Date: Monday 30 March 2020 14:05:13
Attachments: [image.png](#)
[Washing Your Hands.pdf](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Further to the guidance and information resources made available to staff on an ongoing basis please see below a link to the PMVT staff hand hygiene video.

Also attached is a poster from the HSE on hand washing.

Yours sincerely,

PMVT COVID-19 Taskforce

COVID 19 - Guidance and Information for PMVT Staff on Hand Hygiene and PPE

Please find below a new PMVT Staff Training Video on hand hygiene and appropriate use of PPE.

All staff should take the time to watch the video below and ensure they understand and comply with the instructions and advice therein.



[\(Click image above to open training video\)](#)



**Peter
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Trust**

Opening doors for
homeless people

PMVT COVID-19 Updates

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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - 30th March 2020
Date: Monday 30 March 2020 14:56:19
Attachments: [Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

In addition to the circulation of emails from the PMVT COVID-19 Taskforce staff can access the latest information on COVID-19 in a number of ways.

These include:

- [The dedicated staff page on COVID-19 on the PMVT Intranet.](#)
- [The dedicated staff webpage on COVID-19 on the PMVT Website](#) (For those staff who do not yet have Intranet Access)

Again should you have any queries relating to COVID-19 please contact your line manager.

Yours sincerely,

PMVT COVID-19 Taskforce



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 PPE
Date: Thursday 2 April 2020 08:51:00
Attachments: [Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Estimados compañeros:

Tenga en cuenta que durante los últimos días hemos enviado máscaras faciales a todos los servicios para garantizar que haya suficiente PPE en el centro y disponible para su uso.

Se han distribuido 2 tipos de máscaras a cada centro. Todo el personal tiene la responsabilidad de garantizar que las máscaras se usen de manera adecuada.

Bajo ninguna circunstancia los miembros del personal deben usar máscaras faciales en el servicio mientras se llevan a cabo actividades o interacciones generales, es decir, limpieza, contacto con los participantes, etc.

Las máscaras faciales deben usarse en los casos en que se vaya a acceder a una habitación en la que un participante haya dado positivo para COVID-19, o del que se sospeche y se esté a la espera del test. Se deben usar máscaras faciales mientras se atiende a un participante con COVID-19 positivo / o donde se sospeche que lo pueda ser que requiera primeros auxilios y / o RCP.

Cualquier miembro del personal de PMVT que esté directamente involucrado en el traslado de un caso positivo de COVID-19 sospechado o confirmado debe asegurarse de que use una máscara quirúrgica azul y mantenga un distanciamiento social apropiado mientras esté en el vehículo.

Las máscaras quirúrgicas (azules) deben usarlas los participantes. El participante debe usar estas máscaras si está fuera de su área de aislamiento, donde existe la posibilidad de que entre en contacto con otros. En cualquier situación en la que un miembro del personal necesite acceder a la sala de aislamiento, se debe contactar con el participante antes de entrar a la habitación para aconsejarle que se coloque la máscara sobre la boca y la nariz. Cualquier participante que haya recibido una mascarilla quirúrgica por los motivos descritos anteriormente debe ser alentado a usar la mascarilla solo por esos motivos. Esto permitirá que cada participante se proteja a sí mismo y a otros y evitará el uso excesivo y el agotamiento de las máscaras PPE.

Máscaras N95(Blanco) son para uso del personal de PMVT que trabaja en contacto directo con casos que se sospechen de COVID-19 o aquellos confirmados. Estas máscaras deben usarse en cualquier contacto directo con un participante en esta categoría, como realizar RCP, administrar primeros auxilios o ingresar a un área de aislamiento. Tenga en cuenta que estas máscaras son de un solo uso y deben desecharse en una bolsa de residuos clínicos después de ser usada. Es de suma importancia que estas máscaras se utilicen de manera adecuada para garantizar que haya suficientes suministros disponibles para responder a cualquier situación que pueda surgir.

Si necesita más información, comuníquese con su gerente de línea.

Atentamente,

PMVT COVID-19 Task Force



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Statement from the National Public Health Emergency Team - 6th April
Date: Monday 6 April 2020 08:01:57
Attachments: [Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please see below the latest statement on COVID-19 from the National Public Health Emergency Team.

Yours sincerely,

PMVT COVID-19 Taskforce

Statement from the National Public Health Emergency Team 5th April

The Health Protection Surveillance Centre has today been informed that 21 patients diagnosed with COVID-19 in Ireland have died.

-17 deaths located in the east, 2 in the south, 2 in the west of the country

-The patients included 9 females and 12 males

-12 patients were reported as having underlying health conditions

-Median age of today's reported deaths is 81

There have now been 158 COVID-19 related deaths in Ireland.

The median age of deaths in Ireland is 81.

The Health Protection Surveillance Centre has been informed of 390 new confirmed cases of COVID-19 in Ireland, as at 1pm, Sunday 5th April.

There are now 4,994 confirmed cases of COVID-19 in Ireland.

The HSE is now working to identify any contacts the patients may have had to provide them with information and advice to prevent further spread.

Dr. Tony Holohan, Chief Medical Officer, Department of Health, said:

This past week has proven that the nation is working hard, together, by staying at home to flatten the curve. If you develop symptoms of COVID-19 you need to self-isolate and phone your GP. I ask that everyone inform themselves on what to do in the instance they develop symptoms, as well as how to maintain their health and wellbeing. Support and guidance is available on gov.ie/health and HSE.

Today's data from HPSC, as of midnight, Friday 3rd April 2020 (4,443 cases), reveals:

-47% are male and 53% are female, with 236 clusters involving 903 cases

-Median age of confirmed cases is 48 years

-1,203 cases (27%) have been hospitalised

-Of those hospitalised, 165 cases have been admitted to ICU

-1,163 cases (26%) are associated with healthcare workers

-Dublin has the highest number of cases at 2,490 (56% of all cases) followed by Cork with 343 cases (8%)

-Of those for whom transmission status is known: community transmission accounts for 63%, close contact accounts for 24%, travel abroad accounts for 13%



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - Hand Hygiene - 6th April 2020
Date: Monday 6 April 2020 08:45:02
Attachments: [Washing Your Hands.pdf](#)
[image001.png](#)
[image003.png](#)
[image004.png](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Further to the guidance and information resources made available to staff on an ongoing basis please see below a link to the PMVT staff hand hygiene video.

Also attached is a poster from the HSE on hand washing.

Yours sincerely,

PMVT COVID-19 Taskforce

COVID 19 - Guidance and Information for PMVT Staff on Hand Hygiene and PPE

Please find below a new PMVT Staff Training Video on hand hygiene and appropriate use of PPE.

All staff should take the time to watch the video below and ensure they understand and comply with the instructions and advice therein.



(Click image above to open training video or copy and paste this link to view outside the server
<https://youtu.be/X1Pcli6us9g>)



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - Coughing and Sneezing - 6th April
Date: Monday 6 April 2020 10:18:10
Attachments: [Coughing and Sneezing Precautions.pdf](#)
[English - Covid 19 - Comic - A3.pdf](#)
[Coughing and Sneezing Childrens Poster.pdf](#)
[Adult CoughSneeze - A3 Poster Update FINAL.pdf](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please see attached a number of poster resources relating to coughing and sneezing precautions and practice.

If you have any queries in relation to COVID-19 please contact your line manager.

Yours sincerely,

PMVT COVID-19 Taskforce



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 PMVT Staff Guidance on Use of Personal Protective Equipment (PPE) - 7th April
Date: Tuesday 7 April 2020 10:07:12
Attachments: [PMVT Staff Guidance on Use of PPE for Management of Suspected or Confirmed Case of COVID-19.pdf](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please see attached a Guidance Document on the Use of Personal Protective Equipment (PPE) within PMVT services for the management of suspected or confirmed case of COVID-19.

Please review and continue to implement the measures set out in the document in relation to the ongoing prevention of the spread of COVID-19.

Yours sincerely,

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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - PMVT Staff Guidance and Information on Use of PPE - 7th April
Date: Tuesday 7 April 2020 10:14:50
Attachments: [Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please note that face masks have been available to all services to ensure that sufficient PPE is on site and available for use.

There have been 2 sets of masks that have been distributed to each service. All staff have a responsibility in ensuring that the masks are used in an appropriate manner.

Under no circumstances should face masks be worn by staff members in the service while carrying out general interactions or activities i.e cleaning, contact with participants etc.

Face masks are to be used in instances whereby you are entering a room in which a participant has tested positive for COVID-19 or is suspected and is awaiting testing. Face masks should be worn while responding to a COVID-19 positive/ suspected participant who is requiring first aid measures and/or CPR.

Any PMVT staff member who is directly involved in the transfer of a suspected or confirmed COVID-19 positive case must ensure that they wear a blue surgical mask and practice appropriate social distancing while in the vehicle.

Surgical Masks (Blue) are to be used for the participants. These masks should be worn by the participant if they are outside of their isolation area where there is potential for them to come into contact with others. In any situation whereby a staff member needs to gain access to the isolation room, contact should be made with the participant prior to entry to the room to advise them to place their mask over their mouth and nose. Any participant who has been given a surgical face mask for the reasons outlined above should be encouraged to make use of the mask for those reasons only. This will allow each participant to protect themselves and others and prevents the over use and depletion of PPE stock

N95 Masks (White) are for use by PMVT staff working in direct contact with suspected or confirmed cases of COVID-19. These masks must be worn in light of there being any direct contact with a participant in this category such as performing CPR, administering first aid or entry into an area of isolation. Please note these masks are **single use only** and must be disposed of in a clinical waste bag following use. It is of the utmost importance that these masks are utilised in the appropriate manner to ensure that sufficient supplies are available to respond to any situations which may arise.

Should you require any further information, please contact your line manager

Yours sincerely,

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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 PMVT Staff Guidance on Use of Personal Protective Equipment (PPE) - 7th April
Date: Tuesday 7 April 2020 14:48:43
Attachments: [Facebook_201c07d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please see below a PMVT training video on the appropriate use of Personal Protective Equipment (PPE).

Please take the time to review this content and if you have any questions please contact your line manager.

Yours sincerely,

PMVT COVID-19 Task Force



Click on the image above or to view outside the intranet/server please copy the following link into your web browser <https://youtu.be/AgUV40tOXHQ>



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - HSE Resources for Homeless and Addiction Services - 9th April
Date: Thursday 9 April 2020 12:14:03
Attachments: [Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please see below a link below to the HSE website with specific COVID-19 advice and resources for homeless and addictions services.

<https://www.hse.ie/eng/about/who/primarycare/socialinclusion/homelessness-and-addiction/covid-19-sharing-resources-homeless.html>

Yours sincerely,

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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - YourMentalHealth.ie - 13th April 2020
Date: Monday 13 April 2020 15:28:24
Attachments: [Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Please see below a Statement from the Minister for Health, Simon Harris TD on the HSE website [YourMentalHealth.ie](#)

The website has been updated with information and advice to support people's mental health during the COVID-19 pandemic.

Yours sincerely,

PMVT COVID-19 Task Force

Minister for Health launches mental health and wellbeing initiative to support people during COVID-19

At the Department of Health today, Minister for Health Simon Harris TD launched a mental health and wellbeing initiative aimed at supporting the diverse mental health needs of the public during the COVID-19 pandemic.

This campaign, developed by the Department of Health and HSE, in collaboration with a range of cross-Government partners, will offer support and resources to help deal with the stress, anxiety and isolation currently experienced by many in Ireland. A new online resource at [gov.ie/together](#) will offer advice to help people cope at home and will promote the mental health supports and resources available on the HSE's [YourMentalHealth.ie](#).

Research undertaken on the behalf of the Department of Health by Amarach has shown that the outbreak of COVID-19 has led to significant impact on Irish people's mental health and wellbeing. This research shows that:

- Isolation is likely to cause distress and mental health problems
- Overall level of worry is being scored consistently at almost 7/10
- Four out of five people are worried about their friends and family, and almost as many are worried about the economy
- 1/3 of people are worried/believe they will get the virus

The HSE's [YourMentalHealth.ie](#) provides a one stop shop portal for people seeking information, supports and services - including information on accessing urgent help. A mental health text messaging service is available 24/7 to connect people with trained volunteers. The new 'Together' campaign will also provide tips and advice for people on topics such as physical activity, parenting, coping with daily routines, creative activities, supporting people who are cocooning, and getting involved in the community solidarity efforts under the Government's Community Call.

- The Amarach research also shows that people are aware of the importance of maintaining resilience, and people are remaining engaged with loved ones and hobbies. 67% of people are actively trying to keep in touch with friends and family by phone/online and 72% contacting older relatives to check on them

Minister for Health, Simon Harris, TD said:

The outbreak of COVID-19 throughout the world is a source of significant stress, anxiety, worry and fear for many of us. I know that the current restrictions on people's daily lives are hard, but there are ways we can support each other through these difficult days. That's where [Gov.ie/Together](#) and [YourMentalHealth.ie](#) come in to help, offering a range of supports for the mental health and wellbeing needs in the population. No

matter what you're going through in isolation, let's stay connected and make it through, together. The HSE and partner organisations already offer a number of supports and services through online, telephone and text, including online counselling, and are developing a plan to expand these as needed over the coming weeks and months. I would strongly encourage anyone who needs support for their mental health difficulties to seek out the help you need, and please get in touch with your GP or mental health service if you need their help during this time. I also welcome the work by the HSE to provide information and supports for the healthcare workforce, many of whom are dealing with stressful situations on a daily basis.

Minister for Mental Health and Older People, Jim Daly, TD said:

I understand the worry and anxiety that many people will be feeling at this time, and that maintaining positive mental health and wellbeing is so important while we wait for the emergency to pass. Since taking up the post of Minister for Mental Health in 2017 the government has invested heavily in the rollout of online and digital therapies, which will now, more than ever, play a crucial role in delivering services to clinical settings and services users remotely. The Department and the HSE are working for extremely hard to provide additional interventions to support mental wellbeing, including more specialised supports, during the COVID-19 outbreak. I commend the work of the Department and the HSE as they work together to address emerging mental health needs of the population at this time.

Dr Siobhan Ni Bhriain, Consultant Psychiatrist and HSE Integrated Care Lead, added:

Now more than ever it's vital for us all to pay extra attention to our mental health. These are challenging times for everyone in our society and we need to be aware of the stress or uncertainty that comes with that. Keeping connected to others is very important but some of us may need a bit more support during this time - especially those that are already using mental health services.

We want to remind anyone feeling vulnerable that our mental health services are still available. We encourage anyone who is struggling to reach out and avail of them. Your GP can refer you to services or there is also a range of additional online and phone supports, provided by the HSE and our partners, that can be found on YourMentalHealth.ie. We would ask that anyone who is concerned about their own or mental health, or the mental health of someone they care about, to visit the website to learn more.



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - Hand Hygiene and PPE - 14th April 2020
Date: Tuesday 14 April 2020 08:55:35
Attachments: [Washing Your Hands.pdf](#)
[image001.png](#)
[image003.png](#)
[image004.png](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Further to the guidance and information resources made available to staff on an ongoing basis please see below a link to the PMVT staff hand hygiene and PPE video.

Also attached is a poster from the HSE on hand washing.

Yours sincerely,

PMVT COVID-19 Taskforce

COVID 19 - Guidance and Information for PMVT Staff on Hand Hygiene and PPE

Please find below a new PMVT Staff Training Video on hand hygiene and appropriate use of PPE.

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(Click image above to open training video or copy and paste this link to view outside the server
<https://youtu.be/X1Pcli6us9g>)



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From: [PMVT COVID-19 Updates](#)
To: [PMVT COVID-19 Updates](#)
Subject: COVID-19 - Guidance and Information for PMVT Staff - Prevention and Risk - 15th April
Date: Wednesday 15 April 2020 10:06:27
Attachments: [Social distancing Outdoor Poster.pdf](#)
[covid-19-prevention-a4-poster.pdf](#)
[covid-19-who-is-at-risk-a4-poster.pdf](#)
[Facebook_201c0f7d-f6e7-451d-98c2-fe7193aaf985.png](#)
[Twitter_e1620734-85ef-456c-8f79-881f7065db6f.png](#)

Dear Colleagues,

Further to the ongoing updates, information and guidance documents in circulation please see attached posters on COVID-19 Prevention and Risk.

As a reminder if you have any queries relating to COVID-19 please contact your line manager.

Yours sincerely,

PMVT COVID-19 Taskforce



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