

## Vacancy: Psychotherapist/ Psychological Therapist



Dublin



Salary:  
Negotiable



Hours:  
39 Hours per week / On-call



23 Annual  
Leave Days



Reporting to:  
Service Manager or Deputy / Social Care leader

### PMVT Housing Service TRAIL Overview

Peter McVerry Trust Housing Service TRAIL is a six-month placement open to any individual in custody. PMVT Housing Service TRAIL staff works with each individual over a three-phase residency, developing independent living skills and supporting the participant to progress to independent living. This is via the Housing Assistance Payment (HAP)/Private Rented Accommodation. This aims to reduce recidivism through integration into society. Integration is central to the ethos of the PMVT Housing Service TRAIL.

The service is a drug and alcohol-free environment and provides a comprehensive independent living programme through individually tailored support plans for each individual.

### Role Purpose

- The Role is designed to support individuals exiting custody to discuss and work through highly complex, sensitive and personal information related to their presentation.
- To provide therapeutic support to individuals both pre and post release from custody.
- The role includes ensuring the therapeutic support provides a clear, evidence based, effective and consistent service for all clients.
- The role will continuously develop methods and resources that result in improved/effective wellbeing and behaviours for clients.

## Person specification:

### Key responsibilities will be:

- To work effectively and collaboratively to ensure the successful operation of therapeutic provision within the PMVT Housing Service TRAIL programme.
- To be a part of a multi-disciplinary assessment team. To facilitate individual assessments to aid the development of client formulations and support plans.
- Maintain accurate and detailed case notes and client records.
- To attend team meetings and contribute to agendas and discussions. complete the relevant paperwork and further assessments of individuals were necessary
- To provide person-centred or integrative psychotherapy, employing methods based upon evidence. To work in ways which are sensitive to and appropriate for the needs of individuals.
- To participate in multiagency meetings as appropriate, safeguarding case conferences and reviews, etc. providing professional advice on individual support plans and assessing individual's suitability for the programme, as necessary.
- To have an understanding and desire to work with Individuals with complex issues and backgrounds
- An understanding and ability to demonstrate the core values of Restorative practice
- The Ability to identify motivations, triggers, risk factors for reoffending, and choices for alternative lifestyles.
- To identify ways of overcoming blocks to a stable and crime-free readjustment to society e.g., a drug or alcohol addiction.
- The Ability to prioritise own workload and ensure effective time management strategies are embedded in own practice and that of others.
- To be professional and legally responsible and accountable for all aspects of own work including the management of service users in your care.
- To undertake self-directed/lone working in a variety of locations.

- To read relevant current literature and stay up-to-date with developments regarding restorative practices.
- To have suitable external supervision arrangements with a qualified approved supervisor.

### **Requirements:**

- A recognised qualification at minimum level 8 QQI in Counselling or Psychotherapy; or a level 9 QQI in Counselling or Clinical Psychology
- Membership of a recognised professional body (i.e. PSI, APCP, IACP, NAPCP, IAHIP, ICP etc.)
- Experience working with a variety of clients reflecting a wide range of clinical presentations
- Proficient computer skills
- Full time availability during daytime hours (ie Mon-Fri, 9am to 5pm)

### **Employee benefits:**

- The Opportunity to work as part of an extremely skilled, motivated team dedicated to providing highest standards of service to a marginalised cohort of individuals.
- 23 days annual leave per year
- Monthly group supervision

To apply please download the application form:

[Application Form](#)

Completed application forms should be sent to [recruitment@pmvtrust.ie](mailto:recruitment@pmvtrust.ie)

**Peter McVerry Trust is an Equal Opportunity Employer**

**Peter McVerry Trust Operations Ltd Registration Number 412953 Charity  
Number CHY7256**

**Our Vision:**

“An Ireland that supports all those on the margins and upholds their rights to full inclusion in society.”

**Our Mission:**

Peter McVerry Trust is committed to reducing homelessness and the harm caused by drug misuse and social disadvantage. Peter McVerry Trust provides low-threshold entry services, primarily to younger persons with complex needs, and offers pathways out of homelessness based on the principles of the Housing First model and within a framework that is based on equal opportunities, dignity and respect.



PETER McVERRY  
TRUST